



Hey First Medina Parents!

In the Book of John, Jesus says, “I am the way and the truth and the life. No one comes to the Father except through me.” (John 14:6) But what exactly does He mean by that? The answer is of eternal importance and it’s what we’ll be exploring during this week’s family worship.

When it’s time to begin, start your time of family worship by watching the short lesson video with your kids. ([You can access the YouTube playlist here.](#)) It’s a great way to engage spiritually with your family. And don’t forget to participate in the worship videos afterwards!

Here is a snapshot of the lesson details for this week:

**Bible Story:** Jesus is the Way, Truth, and Life (John 14:5-14)

**Big Idea:** Jesus is the one true God and following Him is the only way to eternal life.

**Memory Verse:** “I am the way and the truth and the life. No one comes to the Father except through me.” John 14:6 (NirV)

**After the video lesson and music, you can use the attached materials to help take your family deeper into the lesson:**

[Family activities guide and resources](#)

[Coloring page for kids](#)

[GO! Home guide for kids](#)

[Bible verse sign](#)

[The Amazing Race \(Older\)](#)

[The Amazing Race \(Younger\)](#)

And lastly—a word of encouragement from the Bible. I love what God says in Psalm 30:5, “Weeping may last through the night, but joy comes with the morning.” It’s been a dark season for a lot of us, but I’m praying that the joy of “morning” is on the horizon.

Don't forget to join the conversation this Wednesday evening in our First Medina Online Facebook group! We want to see pictures of your kiddos participating in the lesson and activities and would love to hear what they are learning and how God is working in their lives!